

ITEM NO: 26568

CONTENT: 60 CAPSULES

## SUMMARY

The circulatory system works like the body's superhighway, transporting the essential nutrients and fuel for our bodies to function properly. Circulation facilitates many aspects of human health and wellbeing, and proper blood flow and viscosity also make it easier for the heart to pump nutrients through the body. Increased circulation correlates with increased energy, better stamina, and improved mental alertness and memory recall. Enhanced circulation might also mean an enhanced mood and a greater feeling of vitality.

Unicity Renew, along with improved diet and exercise, helps support a healthy circulatory system.

## KEY INGREDIENTS

**L-Arginine** — L-Arginine acts as an antioxidant,<sup>1</sup> as well as increases vasodilation and coronary blood flow.<sup>2,3</sup>

**Tribulus Terrestris** — Tribulus Terrestris is a traditional Chinese herb known to promote blood circulation.<sup>4</sup>

**Ginkgo Biloba** — Ginkgo Biloba increases blood circulation throughout the body.

**Dong Quai** — Dong Quai is known for reducing menopausal symptoms, including hot flashes and night sweats

**Ashwagandha powder** — Ashwagandha powder is a herb known in Ayurvedic medicine for its adaptogenic effects, which help the body copy system and acts as a vasoconstrictor.

**Damiana** — Damiana is the leaf and stem of a wild shrub used to boost and maintain mental and physical stamina.

**B-Vitamins** — B-vitamins can increase the energy output of mitochondria in the cells by acting as cofactors, resulting in increased energy and vitality.

**Vitamin E** — Vitamin E is an ingredient that is well documented in its ability to inhibit blood clotting and increase blood flow.

**Black Pepper Extract** — Black pepper extract acts as an adjuvant by increasing the permeability, and consequently the absorption, of the active ingredients in Renew.

Service Size: 3-4 capsules / 60 servings per container

This product is not intended to diagnose, treat, cure, or prevent any disease.



## FEATURES AND BENEFITS

Renew for Women contains active ingredients such as Ashwagandha powder and B-vitamins, which have been shown to help with stress and increase blood flow. Renew can help support a healthy circulatory system and help you focus on what's really important—living life.

## REFERENCES

1 Parker JO, Parker JD, Caldwell RW, et al. The effect of supplemental L-arginine on tolerance development during continuous transdermal nitroglycerin therapy. *J Am Coll Cardiol* 2002;39:1199-203.

2 Lerman A, Burnett JC Jr, Higano ST, et al. Long-term L-arginine improves small-vessel coronary endothelial function in humans. *Circulation* 1998;97:2123-8.

3 Adams MR, McCredie R, Jessup W, et al. Oral L-arginine improves endothelium-dependent dilatation and reduces monocyte adhesion to endothelial cells in young men with coronary artery disease. *Atherosclerosis* 1997;129:261-9.

4 Wang B, Ma L, Liu T. 406 cases of angina pectoris in coronary heart disease treated with saponin of Tribulus terrestris. *Chung Hsi I Chieh Ho Tsa Chih* 1990;10:85-7.

5 Li G, Ammermann U, Quiros CF. Gluconsinolate contents in Maca (*Lepidium peruvianum* Chacon) seeds, sprouts, mature plants, and several derived commercial products. *Economic Botany* 2001;55:255-62.